Removing an existing leg length difference
With the help of "Bipolar Magnetic Therapy" (BMT) or "Medical Biomagnetism" of the Mexican doctor Dr. Isaac Goiz every "functional" pelvic obliquity and each "functional" leg length difference with no real damage to the substance or tissue of the pelvic or leg can be corrected, regardless of how long the symptom has already existed (which can be several months or several years). The compensation takes place in seconds at the moment in which two natural magnets that stand in precise resonance with each other are applied to two organs of the body. This sudden correction of a long-standing disease symptom is on the one hand absolutely amazing, on the other hand almost unspectacular,

because suddenly "both legs are back at the same length". Apparently the physical healing power of the magnets has, correctly applied, had a corrective influence on cells and muscles, and has released the "inner environment" of the body of a "legacy".
The therapy has no side effects; the patient may feel a warm tingling sensation in the legs. At best slight temporary muscle soreness occurs after treatment because the structure of the body is new.

See Dr. Isaac Goiz Duran, "the Biomagnetic pair" and later publication by Janice Bailey „Bioenergetic Basics, ISBN 1—4392-0259-1. See also www.biomag.de
Leg length difference test method
The "Bipolar Magnetic Therapy" or "Therapy of Medical Biomagnetism" is to uncover and to eliminate energy blockages in the patients, which signal the beginning of an or already manifest disease. According to the perspective of an "energy-orientated medicine" as it is traditionally known in Chinese medicine, Spagyric Medicine, Homeopathy, or Traditional Magnetic Therapy, diseases only emerge, when previously the energy, the life force, or the Qi was disrupted. This is often expressed in a vague feeling of illness. In "Bipolar Magnetic Therapy" the proof of this energy disruption or blockage principally occurs with the help of testing on the feet.

This manual physical method implies that the therapist searches for interference fields in the patient, by successively applying the north pole of a magnet with a minimum strength of 1000 Gauss\(^2\) from head to toe to the patient's body. The phenomenon, which shows itself, is amazing: As soon as the magnet encounters an energetically weakened human organ, the length of one leg suddenly moves. Thus for a short while, one leg appears to be "longer" (or "shorter). If you remove the magnet, the leg length difference also disappears again. So the phenomenon is clearly caused by the magnet. The energetic disturbance can now be eliminated by applying a second magnet with reversed polarity at a corresponding organ of the body. The second “partner”- organ must be exactly known, both form an inseparable “biomagnetical pair”. And only the second magnet causes- by quickly building up a magnetic field- a "healing response" by which the leg drift will be balanced.

What is a healing process? What can magnets do?
\(^2\) One thousand Gauss is the minimum power, to bring forth permanent medical improvements with magnets. The BMT works with magnets between 3000 and 10,000 Gauss
A good question might be: first the leg length differed; now it is the same again, how come?
A scientifically recognized medicinal benefit of magnetic therapy is its ability to correct the pH-value of single diseased organ. The pH-value is like a mood barometer of our internal biochemical environment: if it is at the normal level, we are healthy, if it is too acidic or too alkaline, we are sick. A leg shortening according to the findings of Dr. Goiz, always shows up when the South Pole of a magnet with its physical affinity for acids meets the body. Like a detective, it tracks down the excess acids. Pathogens such as viruses, bacteria, fungi and parasites invade the human body and settle down in what may be called preferred "Home Organs"—where they change their pH value, with the result that depending on the affected organ disease symptoms emerge. Expressed the other way around you can say that with almost every disease a modified pH-value is in the game. If you now put two magnets on the weakened organs of the body, its healing power is so strong that any pathogens in the body will be eliminated and the pathologically altered pH value of human organs is neutralized. Dr. Goiz speaks of a "process of Depolarization". In this process the symptoms that the patient has come for, have the possibility to be cured. The patient feels a significant improvement in his health status within a usually short period of time.

In Bipolar Magnetic Therapy, the occurrence of a leg length difference becomes a valuable test instrument that can be demonstrated in every person. "It is believed, that the cells of our body up to the genes virtually have antennas or reception structures, that record physical vibrations, damaging and valuable ones", and cause the body to a biochemical response. Thanks to the strength of the magnets Magnetic Therapy is the interface between biochemical and physical processes of the body, between body and energy.

**Leg length difference as a mental test instrument**
The testing on the human body with the reaction of a leg-length shift can be done on an extended therapeutic level also **mentally**. The ability to test mentally and getting results of it, can be learned in principle by any therapist, who has long experience and interest in spiritual and mental processes. It simply shows up at some point. It is all about a communication process between patient and therapist on a subconscious level. How does it work?

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3 See Michael Tierra, healing with magnets, ISBN 3-89385-232-8
The therapist directs his thoughts on the patient and his therapy-issues. In anticipation of a reply he lifts the legs of the patient and checks whether a leg length difference arises or not. And the patient responds to the query of the therapist with a leg length difference: The patient will unquestioningly react according to the Yes or No principle or the principle of Resonance or No Resonance with either a leg shortening or no shortening of the leg.

This way all questions concerning the patient and his healing process can be mentally asked: Via the leg length reaction we, therefore, get a response by the patient that is expressed physically and not verbally. This phenomenon of therapeutic bodywork can be supplemented and combined with other forms of "energetic" therapy, like for example, the Kinesiology; or Hypnotherapy. Here it can serve for the detection of physical or even unconscious, mental processes, thus being used psychotherapeutically. This leads to some amazing results, since conflicts that patients were consciously no longer aware of can come to the surface. The basic insight and assumption behind this therapeutic work is that every individual has stored all positive and negative experiences, traumas, and beliefs in his subconscious mind as well as in his body, and is willing to release them on request.

In the second part of this article I will write about the possibilities of applying this test method.

**Emotional trauma and pelvic Obliquity**

After performing the "Bipolar Magnetic Therapy" on one of my patients who suffered from a leg length difference I had the spontaneous idea to start asking for a possible subconscious conflict underlying his symptom. By testing, I received a reply, what original event it was connected to, whether it had an acute or a chronic impact and how long the leg length difference already existed (exact year). The results of the test and the work I spent on other cases like that seemed to prove:

A large number of so-called pelvic obliquities combined with a leg length shortening are connected to a deeper psychological trauma with physical impact and is not due to a purely mechanical cause. It is likely, that the pelvic obliquity together with the leg length difference has only shown up after the mental trauma occurred. It is my conviction that the consideration and awareness of the underlying conflict provides a significantly better therapy success. Patients can say goodbye to old unresolved mental legacies and can devote all their energy to the future.

**Temporary leg length difference**

Furthermore it can be observed, that patients, who are under an acute stress (E.g. professional load, conflicts with family or partner, etc.) tend
to "fall" off balance and to develop a leg length difference. The statement "I am out of balance" receives a visible expression that clearly shows the patients their current state of mind they are in. A chronic pelvic obliquity may develop from this initial leg length difference caused by emotional stress if left untreated. Considering the marked therapeutic approach, it is possible, however, to eliminate the leg length difference with magnets and to help the patient to a rising awareness of his current conflict. This will free the way so that he can reach a stable life-balance.

**Therapy reports:**
The following ten short reports show examples of patients who came to me with a leg length difference. I tested, when the leg length difference had begun and what kind of mental trauma was connected to it. We talked about the trauma or searched for an "unresolved psychological conflict, which was reflected in a blockade of a Meridian.

- Patient, 60 years old, leg length difference since 1986. In the year her mother died, with which she had a very strong bond.
- Patient, 48 years old, with chronic diarrhea problems and leg length difference. Background: unresolved family conflicts connected with the term "lack of contact" on the small intestine meridian.
- Patient, 69 years old, pelvic obliquity since she was 16. Trigger: a traumatic event in a mine explosion that she alone survived.
- Patient, 56 years old, Italian living in Germany, with balance disorders and leg length difference. Background: acute conflict "lack of self-love" on the heart meridian after receiving the news that his father had seriously turned ill in Italy.
- Patient, 45 years old, leg length difference since 1998, when his life partner died in a car crash.
- Patient, 20 years old with chronic headaches and leg length difference since 2001, when he changed the school and also suffered from a broken leg.
- Patient, 77 years old, with chronic pain in the neck - and lumbar area and leg length difference since the age of 50. Conflict "Disappointment" on the kidney meridian. The patient reported she was twice deeply disappointed by her husband, who had become seriously ill in that year. She recorded that the back pain had begun shortly after these experiences.
- Patient, 52 years old, 2005 when a myoma was diagnosed. She had a leg length difference since 2004, conflict "lack of apprehension" associated with a partnership dispute and a professional reorientation. The conflict "lack of apprehension" reemerged when the patient was 13 years old as part of a whole family pattern.
- Patient 36 years old, leg length difference for 2 years. The leg length difference could be traced back to the time, when the patient tried to substantially change her life. Since she had no clear ideas about her future yet, she started to develop stress.

- Patient, 48 years old, Russian nationality, leg length difference since he was 37 years old, conflict: "Paralyzed will". In that year he divorced from his first wife and failed to immigrate to Germany.

Taking into account the marked therapeutic approach, it was possible to eliminate the leg length difference with magnets and to make the patient aware of their current psychological conflict. The liberation of an old mental legacy led to significantly more life energy and joie de vivre. In addition people were much more aware of and skilled in dealing with future stress patterns. So they could early prevent themselves from falling back into disease and passivity at an early stage.

Explanatory models

*The second part of the article contains excerpts from my third publication on the subject of leg length difference. It's about the leg length as a mental test instrument with the help of which it is possible to penetrate into unexpected fields of thought, energy, and information that can play an important role in the healing of disease.*

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We have learned that the therapist can cause a physical reaction in energetic ways in the patient. The starting point of this process is a mental interaction, based on targeted exchange of thoughts between practitioner and client.

If the question of the therapists to the client encounters resonance ("echo"), his leg moves, if not, it stays the same. This resonance will be touched even when the question is queried silently, or if the client has consciously no access to the contents of the question. The result stays the same- the body momentarily seems to be not in balance.

How is it possible that our body responds so clearly to questions we ask it? How can it be explained that the body gives us signals and communicates with us? How is it possible that the body seems to know about different information systems, and gives us a "correct" answer, which actually helps us?

There is good evidence that in our search for explanations people must begin with a new understanding of us human beings as living energy systems. We are energy beings equipped not only with body and mind, but also with Astral – and Mental bodies that receive and gather information. In our brain we search in vain for structures that can explain certain extraordinary mental capabilities. Only when we think of ourselves as energy beings, other means and channels of information open up. People who have experienced the leg length test feel like being embedded in a larger context in which they virtually participate "live". They get confident that their life has a meaning and a destiny.

The direct experience of the leg length shift admits the following hypothesis: there must be an interface, a medium, a field, or a space in which the experience of the test person meets with the request of the practitioner.

There are various authors, scientists and therapists who methodically approach the questions around life-energy-systems. Their studies can help to explain the phenomenon of leg length shift:

- The psychotherapist Fred P. Gallo⁵ describes the relation that "a certain idea or a perception leads to an imbalance of energy

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⁵ Fred P. Gallo  Guide of the energetic psychotherapy, VAK Verlags GmbH 2002, p. 34
in a meridian" (which in turn) "suggests that the idea itself in some way causes this imbalance... Apart from the fact that thoughts include cognitive, neurological and chemical aspects, they are inextricably involved in fields. Therefore, Callahan's label *thought field* seems to be highly appropriate and accurate.

- Carolyn MYSS, psychotherapist, states: Everything that is alive pulsates with energy and all of this energy contains information... We are constantly in communication with everything around us through this system which is a kind of conscious electricity that transmits and receives energy to and from other peoples' bodies. These messages from and within the energy field are what intuitives perceive.

  Each area of the body transmits energy on a specific, detailed frequency, and when we are healthy, all are 'in tune'. An area of the body that is not transmitting at its normal frequency indicates the location of a problem (36)." [12]

All our thoughts, regardless of their content, first enter our system as energy. Those that carry emotional, mental, psychological or spiritual energy produce biological responses that are stored in our cellular memory. In this way our biographies are woven into our biological systems, gradually, slowly every day.⁶

- The science journalist Lynne McTaggart writes: "We are - seen from the perspective of our last elementary basics- not a chemical reaction, but an energetic charge. Human beings and all living creatures are energetic units in a field of energy connected with everything and everyone in this world. This pulsating energy field is the central motor of our existence and consciousness, the alpha and omega of our existence" [13]

- The researcher Ernst Meckelburg writes- "Quantum physicists claim (...) that every part of the universe contains all the information of the entire cosmos. (...) The world consists by no means of a collection of separate items, but forms an inseparable whole. ... We perceive (visually limited due to the lack of an integral overall view) the world only as isolated items and separated time processes, which, however, in more recent

  ⁶ Carolyn MYSS, Anatomy of the spirit, paperback 1997, p. 27 f
  ⁷ Lynne McTaggart, Das Nullpunktfeld, Goldmann Verlag, 2002, p. 9f
times proved to be an illusion. In fact, all things and processes are connected to each other through electromagnetic waves, electron beams, and sound waves, which is a fundamental quality of this world. ... According to this new quantum physics point of view, health and disease are also not to be considered as two conditions mutually excluding each other, but they are parts of this constantly flowing overall information field, in which a variety of "invisible" factors play an important role.\(^8\)\(^{[14]}\)

Thoughts, which can cause imbalances (Gallo), frequency deviations of our body during emotional stress (MYSS), energy fields as central Moto of our existence (McTaggart), or timeless total information fields, to which we all are related (Meckelburg)-all these descriptions give us one important clue: there must be an alive space in which we communicate, store, remember, think and feel. And our therapy efforts try to penetrate into this space in order to lighten it up by bringing forth valuable explanations.

**Balance or Imbalance?**

We assume that a healthy person is in a state of mental and physical balance, while a sick person is off balance. But how can we really tell in a specific case? So far, we have just suspected that a person is not in balance. Now, with the imbalance of the leg length showing right before our eyes we can really see it. That reminds me of a quote by Goethe-"Thinking is more interesting than knowledge, but not (more interesting) than watching". Both tester and tested person clearly perceive the physical change during the therapy-process.

**The leg length test in practice**

There are various application possibilities for the leg length test, the following therapies- and knowledge- systems representing only my own selection.

Much like in kinesiology, meridians (E.g. spleen, lung, kidney) can be individually identified and tested for "blockages"\(^9\) and their emotional origins showing themselves in psychological qualities like discontent, bitterness, self-punishment and so on. The exact time period and all the circumstances of the conflict are accessible using this method.

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\(^8\) Ernst Meckelburg, Die quantenphysikalischen Wurzeln von Erkrankungen, Naturheilpraxis Heft 10/2001

\(^9\) In accordance with test sheets of Kinesiology by Dr. Dietrich Klinghardt
The Therapy of Medical Biomagnetism indicates with help from the leg length test - out of a selection of more than 130 possible body organs-those organs with a “false” magnetic charge. These organs are considered to be the reason for the disease that the patient complains of.

On the subject of smoking, the leg length test finds out what kind of emotional burdens the smoker tries to substitute by smoking, such as compensation for stress, anxiety, dissatisfaction, etc. The results of the test strengthen the motivation of the smoker to quit and can be included in therapies such as hypnosis.

Spagyric, a name given to the production of herbal medicines using alchemical procedures forms the basis of medical prescriptions in my practice. With help of the leg length test it is possible to select among 94 medicinal plants, those with individual meaning for the patient. This leads to a description of the positive effects that the respective plants may have for the physical, mental, and psychological health of the patient.

Archetypical Medicine is a rich source of wisdom which can give us important clues for our psychical and psychological well-being. Each individual has his own basic archetypical pattern that defines his personality in a superior perspective. It consists for each individual of a specific archetype, and specific anxiety characteristics, development goals, power sources and development levels. The leg length test easily finds access to archetypical medicine and identifies the basic pattern.

The I GING, the Book of Changes – I Ching in Chinese – unquestionably one of the most important books in the world's literature, can be consulted for all kinds of personal, health or professional questions. It is also called the Oracle of Changes and thus it helps to make the “right” changes in a person's life. Instead of using the traditional form of interrogation of either yarrow stalks or coins, the leg length test represents a new method to determine the six powerlines leading to a hexagram with its advisory explanation.

According to Indian healing tradition we dispose of seven major chakras or energy-centers that contain our major life-tasks and topics we have to cope with during our life-time. According to Carolyn Myss ten questions

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10 Ruediger Dahlke, Krankheit als Symbol, 1996, S. 420 f
11 See www.phylak.de, system Phylak Sachsen
12 Hasselmann/Schmölke, Archetypen der Seele, Goldmannverlag, 1993
13 see my article "The I Ching in naturopathy" on www.andreaswoermann.de
in each chakra help us to self-examine which of our individual issues are still unresolved and need to be dealt with. The test can clearly identify our most “needy” chakra and select, in detail, the questions related to that chakra. So also here in this very important field of energy-medicine we get test results without any problem.

**Typical regularities of the leg length test**

1. The test functions as a signal according to a Yes/No - or Resonance /No-Resonance principle and gives us an answer to all our questions.
2. It doesn't matter whether the tested person has already dealt with the test contents that the tester queries with his interrogative methods. The leg length test gives us access to thought fields, frequency variations, energy fields and fields of information whatsoever, "as if the test person himself knew all about it". The information becomes alive and meaningful. The therapist visibly shares with his client the large pot of universal knowledge as if he would be answering him directly.
3. With help of the leg length test conscious and subconscious contents are expressed. As a result of the test the patient starts remembering, reacting emotionally and spontaneously, combining experiences with each other, associating intuitively, understanding and getting new insights.
4. The leg length test finds out of a variety of conceivable possibilities the sound, coherent and "true" solution and thus establishes the direction for recovery. The body responds only to what is "meaningful", less meaningful contents can be neglected for the time being.
5. The test gets an almost "objective" character by the fact that the test results are set independently by the expectations of the therapist. He is not able to manipulate the leg length shift.
6. The leg length test has a preventive function, because a leg length shift is evident already prior to the outbreak of disease, as a state of prolonged lethargy, depression, or loss of vitality.
7. The leg length test equally works and communicates - depending on the survey system the therapist uses- at the level of body, mind and soul. There is no separation or limited access to these levels.
8. The leg length test works beyond the boundaries of time. Even events long bygone are accessible to the body.

**Conclusion: The leg length test opens up possibilities of an overall healing process**
The leg length test proves that we respond to resonances and vibrations! Our thoughts and experiences determine our mental and physical balance, our concerns for health and disease can be seen in a large information context. The test opens up a new approach to therapy methods, with the help of which the practitioner can initiate a profound healing process. Each disease has its psychical – energetic "space". For people who no longer find help in conventional medicine and psychology, the leg length test can provide new information and therapy approaches. This allows the patient to focus on his recovery, and to get away from his disease. This shift in focus is the actual healing process. Gregg Braden writes14
"Our world, our life and our body exist because from the world of quantum possibilities they were selected and imagined to be as they are. If we want to change anything in them we have to look first at them in a different light."

The leg length test, with which physical, mental and energetic phenomena are made visible, is a practical invitation for us to look more closely. To natural sciences it can bring fundamental insights and supplements. It shows us the way to temporarily leave the "narrow limits of our consciousness" (C G. Jung) with the help of the signals of our body. It opens up the way to the spaces where our entire information fields are kept in storage always ready to be used. Thus, we get a more complete picture of ourselves. And we come into contact with our feelings, so that we understand and can forgive. And these are the two most important requirements, which we need for our healing.

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